

Landsliðs verkefni karla 2011-2012

Karlar	Flokkur	London	EM 2011	L - hópur	U - hópur 14-18 ára
50 m frjális aðferð	S1		01:43,93	02:18,10	02:56,68
	S2	01:11,85	01:11,85	01:30,53	01:55,82
	S3		01:00,22	01:01,36	01:18,50
	S4	00:42,75	00:43,77	00:53,87	01:08,91
	S5	00:35,77	00:38,97	00:43,71	00:55,92
	S6	00:33,55	00:33,80	00:39,44	00:50,46
	S7	00:29,94	00:30,85	00:38,19	00:48,86
	S8	00:28,50	00:29,42	00:34,66	00:44,35
	S9	00:26,90	00:27,22	00:33,14	00:42,40
	S10	00:25,45	00:26,22	00:31,55	00:40,36
	S11	00:28,69	00:29,18	00:34,68	00:44,36
	S12	00:26,42	00:26,42	00:31,83	00:40,72
	S13	00:25,95	00:25,92	00:31,66	00:40,51
	S14			00:31,55	00:40,36
100 m frjális aðferð	S1		03:51,43	05:06,53	06:32,17
	S2	02:39,26	02:39,26	03:12,52	04:06,30
	S3		02:23,77	02:27,92	03:09,25
	S4	01:41,75	01:41,75	01:56,75	02:29,37
	S5	01:23,44	01:24,68	01:37,01	02:04,11
	S6	01:15,45	01:16,15	01:28,72	01:53,50
	S7	01:06,21	01:08,50	01:25,19	01:48,99
	S8	01:03,20	01:03,30	01:16,81	01:38,27
	S9	00:58,72	00:59,50	01:12,51	01:32,77
	S10	00:55,48	00:56,40	01:09,39	01:28,77
	S11	01:05,73	01:06,85	01:18,41	01:40,31
	S12	01:00,57	01:00,57	01:09,50	01:28,92
	S13	00:56,26	00:56,26	01:08,92	01:28,18
	S14			01:08,67	01:27,85
200 m frjális aðferð	S2	05:37,51	05:37,80	06:42,18	08:34,53
	S3		04:46,56	05:21,93	06:51,87
	S4	03:30,93	03:30,93	04:06,70	05:15,61
	S5	03:00,29	03:09,48	03:38,96	04:40,13
	S14	02:12,55	02:29,15	03:07,93	04:00,43
400 m frjális aðferð	S6	05:52,89	05:57,60	06:52,22	08:47,38
	S7	05:17,01	05:24,33	06:26,87	08:14,95
	S8	04:58,45	04:58,45	05:55,17	07:34,39
	S9	04:28,14	04:34,18	05:30,88	07:03,31
	S10	04:27,17	04:28,95	05:30,88	07:03,31
	S11	05:11,51	05:26,45	06:24,30	08:11,66
	S12	05:04,51	05:04,54	05:43,26	07:19,16
	S13	04:24,84	04:34,01	05:37,25	07:11,47
S14			05:30,88	07:03,31	

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Karlar	Flokkur	London	EM 2011	L - hópur	U - hópur 14-18 ára
50 m baksund	S1	01:56,07	01:56,07	02:15,41	02:53,23
	S2	01:10,71	01:10,71	01:31,06	01:56,50
	S3	01:01,37	01:12,81	01:13,07	01:33,48
	S4	00:52,72	00:52,72	01:03,44	01:21,16
	S5	00:45,46	00:46,22	00:54,38	01:09,57
100 m baksund	S6	01:28,13	01:28,13	01:42,70	02:11,39
	S7	01:17,05	01:22,96	01:36,29	02:03,19
	S8	01:13,13	01:13,13	01:31,45	01:57,00
	S9	01:05,90	01:08,50	01:22,49	01:45,54
	S10	01:05,21	01:07,35	01:20,49	01:42,97
	S11	01:18,98	01:18,98	01:34,07	02:00,35
	S12	01:16,40	01:16,40	01:21,94	01:44,83
	S13	01:06,33	01:06,94	01:21,94	01:44,83
	S14	01:11,62	01:11,62	01:20,49	01:42,97
	50 m bringusund	SB1		02:41,00	02:56,40
SB2		01:07,88	01:16,57	01:23,89	01:47,33
SB3		00:56,43	00:56,43	01:08,72	01:27,92
100 m bringusund	SB4	01:59,69	01:59,74	02:11,19	02:47,84
	SB5	01:51,80	01:55,50	02:04,71	02:39,56
	SB6	01:33,86	01:33,86	01:58,15	02:31,16
	SB7	01:27,32	01:35,16	01:48,75	02:19,13
	SB8	01:17,70	01:17,79	01:37,90	02:05,25
	SB9	01:13,65	01:14,02	01:31,03	01:56,47
	SB11	01:20,02	01:30,44	01:39,09	02:06,77
	SB12	01:17,33	01:27,52	01:31,06	01:56,50
	SB13	01:16,06	01:16,06	01:27,56	01:52,02
	SB14	01:16,89	01:18,47	01:31,03	01:56,47
50 m flugsund	S3		01:27,42	01:59,70	02:33,14
	S4		01:06,90	01:13,95	01:34,61
	S5	00:43,11	00:50,89	00:51,38	01:05,74
	S6	00:34,13	00:38,07	00:41,62	00:53,24
	S7	00:33,86	00:36,48	00:41,57	00:53,18
100 m flugsund	S8	01:07,97	01:09,11	01:23,54	01:46,88
	S9	01:02,91	01:03,83	01:18,30	01:40,17
	S10	01:01,58	01:03,43	01:15,44	01:36,51
	S11	01:09,92	01:12,47	01:27,43	01:51,86
	S12	01:06,36	01:06,36	01:17,53	01:39,19
	S13	01:02,42	01:02,42	01:16,86	01:38,33
	S14			01:15,44	01:36,51

Landsliðs verkefni karla 2011-2012

Karlar	Flokkur	London	EM 2011	L - hópur	U - hópur 14-18 ára
150 m þrísund	SM3	03:36,90	03:55,85	04:23,81	05:37,50
	SM4	02:55,32	03:13,27	03:24,60	04:21,76
200 m fjórsund	SM5	04:05,37	04:05,37	04:22,66	05:36,04
	SM6	03:16,82	03:16,82	03:42,94	04:45,23
	SM7	02:51,69	03:08,69	03:38,51	04:39,55
	SM8	02:36,66	02:37,48	03:16,02	04:10,78
	SM9	02:25,80	02:26,74	03:00,33	03:50,71
	SM10	02:19,79	02:26,74	02:55,69	03:44,78
	SM11	02:54,68	02:54,68	03:32,27	04:31,57
	SM12	02:26,00	02:26,00	02:55,04	03:43,94
	SM13	02:21,16	02:21,16	02:56,74	03:46,12
	SM14			02:55,14	03:44,07

Til að öðlast keppnisrétt í London þarf að hafa fengið úthlutað "kvóta" frá IPC og náð tilskyldum lágörkum. "Kvóta" er úthlutað eftir sæti á rankingslista IPC.

Lágörk fyrir EM þarf að ná í síðastalagi á Íslandsmóti ÍF sem fer fram í mars 2011.

Lágörkunum þarf að ná á viðurkenndum mótum IPC.

Keppandi þarf að uppfylla mætingaskyldu.

Keppendur þurfa að vera á 15 aldursári eða eldri.

L- hópur er landsliðshópur, úr honum verður tilnefndur hópur sem kemur til með að keppa á Norðurlandamótinu sem áætlað er í október 2011. (Vegna fjölda takmarka skráninga í grein komast aðeins 2 úr hverjum fötlunarflokki.)

Keppandi þarf að uppfylla mætingaskyldu.

U- hópur 14-18 ára öðlast þátttöku í æfingabúðum með landsliðshóp.

Lágörkin eru viðmið inná mótin, það er Ólympíuráð og stjórn ÍF sem samþykkir endanlegt val keppenda á mótin.